# Texas School for the Blind & Visually Impaired Outreach Program

T S B V I
Outreach Program

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# Part 1, CVI Series:

Introduction to CVI and the Roman Assessment

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# **Presented by**

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# **Developed by**

Texas School for the Blind & Visually Impaired Outreach Program

# CORTICAL VISUAL IMPAIRMENT WHAT WE LEARNED AT THE CVI CONFERENCE

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Modified by Jim Durkel (JimDurkel@tsbvi.edu)

And then modified more by Sara Kitchen (sarakitchen@tsbvi.edu) & Lynne McAlister (lynnemcalister@tsbvi.edu)

#### **Definition and Incidence**

- Definition of cortical visual impairment
- New field of research
- Fastest growing visual impairment
- Diagnosis

# The Problem w/ Medical Diagnosis

- Eye report frequently doesn't say "CVI"
- Best information may come from neurological
- Test like MRI is not necessarily useful in diagnosing CVI
- Look for "red flags"

### **Red Flags**

- Asphyxia-damage depends on severity & duration. Some causes: placenta previa, prolapsed cord, delivery complications.
- Hypoxic Ischemic Encephalopathy-too little oxygen (hypoxia), too little blood flow (ischemia), irritation of the brain (encephalopathy). Results from asphyxia. Seizures common.
- Cerebral Vascular Accident-(stroke) blood capillaries in the brain rupture, damage depends on extent of bleed, more common in full term male infants, mostly affects left side of brain, seizures common.
- Intraventricular Hemorrhage-occurs in premature infants w/in 1<sup>st</sup> 48 hours. Severity grades I-IV.
- Periventricular Leukomalacia (PVL)-something, such as trauma, occurs and oxygen does not get to the distant areas of brain.
   These die and become filled w/ fluid (sometimes called cysts in the brain. Can cause CP, developmental delays.
- Infection-viral and bacterial (TORCH)=toxoplasmosis, rubella cytomegalovirus, herpes/HIV. Also meningitis.

## The Brain from Top to Bottom:

http://thebrain.mcgill.ca/

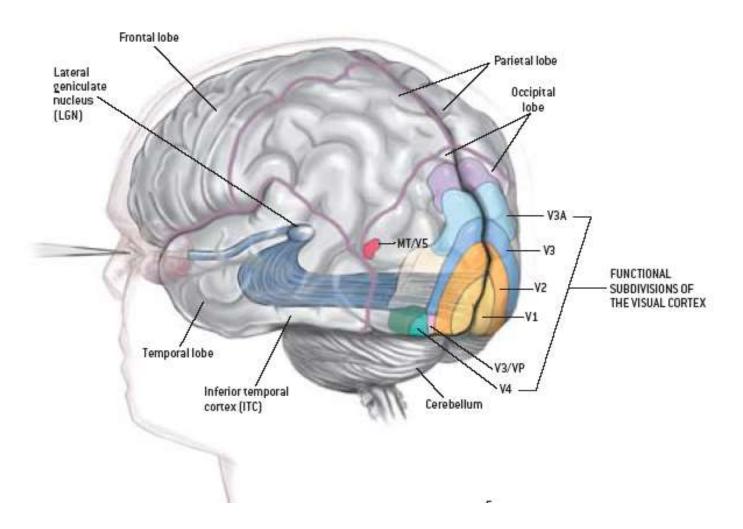


Figure 1 Image of the brain including the functional subdivisions of the visual cortex, cerebellum, inferior temporal cortex (ITC), temporal lobe, lateral geniculate nucleus (LGN), frontal lobe, parietal lobe, and occipital lobe.

#### **Current Trends in Neuroscience**

- **Hardwired:** Outdated theories stated that the brain was static and could not be healed once injured.
- Neuroplasticity: Current beliefs include the brain's ability to organize and reorganize itself.
- Paula Bach Y Rita discovered that sensory information could be received through different channels (in the early 1970s!):

http://www.pbs.org/kcet/wiredscience/video/286mixed\_feelings.html

### **Unique Characteristics of CVI**

**Color**: strong reaction/preferential response to a particular color, typically red or yellow. Color receptors are diffused through brain & almost all children have some color vision. Need their favorite color as a visual anchor.

• Lily likes red better than yellow.

**Movement**: Stimulates the "aware" system, gets the visual system activated. Movement w/out sound is generally easier to visually process.

Movement plus reflective qualities provide an invasive, difficult to ignore effect on the visual system.

• Child may exhibit better than expected navigational skills.

**Latency:** delayed response to presentation of object. Can vary according to time of day, state of alertness, degree of stress, and neurological stability. Decrease in latency equals increase in visual behavior.

How long does it take to look?

**Visual Field Preferences**: definition of visual field defect: a blind spot (scotoma) or blind area within the normal field of one or both eyes. In most cases the blind spots or areas are persistent, but in some instances they may be temporary and shifting, as in the scotomas of migraine headache.

(http://www.britannica.com/EBchecked/topic/630842/visual-field-defect)

It just appeared out of nowhere.

**Mixed field preferences**: May use one eye for a field preference, and the other for verification.

Let me take a second look.

**Complexity:** most interfering of all characteristics.

- <u>Target/object</u>-some objects are too complex, and there is no place for child to anchor his vision and so vision shuts down: <u>faces are</u> <u>very complex</u>.
- <u>Array-what's behind the object</u> can cause problems even with preferred objects. This is responsible for the misconception that vision is variable. Actually, vision is constant, but background interferes with vision functioning.
- <u>Sensory environment</u>-unable to process with more than one sense at a time; <u>will defer to auditory over vision</u>. Be careful where you place auditory stimuli. Limit talking while doing vision work.

**Abnormal Reaction to Light-**Photophobia/Light Gazing/Non-Purposeful Gaze-prominent in early stages.

**Distance Viewing**-As object gets farther away, complexity increases. Makes child appear nearsighted.

**Visual Reflexive Responses**-absent, intermittent, or delayed blink reflex. Blink to threat; blink when you touch the bridge of the nose.

**Visual Novelty**-strong response to familiar objects. Appear to ignore novel items.

Visual Motor-look and touch may happen as separate events.

#### **Resolution of Characteristics**

- Best chance for resolution is within first 3 years
- Characteristics will not resolve without structured intervention
  - o Phase I: Building visual behavior
  - Phase II: Integrating vision with function
  - Phase III: Resolution of all CVI characteristics

#### Order of Resolution

- Early resolution: light gazing, and visual reflexive response of blink
- Mid-Resolution: color, latency, visual novelty, visual reflexive response of blink to threat, and movement
- Later Resolution: visual fields, visual motor, complexity, and distance vision

#### **ASSESSMENT:**

#### **Assessment Framework**

- Interview
- Observation
- Direct evaluation of student

#### Parent Interview/Teacher Interview

- Information on medical background
- Eye report
- What does child like to look at
- What are your concerns
- Child's favorite color
- · When is child most visually alert
- Does child look directly into faces
- Does child notice things that move more than things that are stable
- Does child seem to look "through" rather than at objects

#### **Observation of Vision**

- In living and learning environments
- Quiet and noisy times
- Near and distance
- Familiar and unfamiliar objects
- Cluttered and simple backgrounds
- Interest in objects of specific color (color preference)
- Movement
- Light gazing
- Preferential viewing

#### **Direct Evaluation**

- Evaluate range of visual functioning
- Evaluate presence and degree of individual CVI characteristics
- May need several sessions to test

#### **INTERVENTION:**

#### Possible Environmental Considerations at Level I

- Precaution about "Vision Stimulation"
- For the child who is in Phase I of building resolution, the child visually attends:
  - o to familiar objects (usually one color)
  - when there are no sound distracters
  - when there are no visual distracters
  - when room light is low

#### Possible Environmental Considerations at Level II

- For the child who is in Phase II of building resolution, the child can attend:
  - to objects that share features of color or pattern with the "familiar" objects
  - o when familiar or low intensity auditory inputs compete
  - o on increased pattern/object beyond 3-4 feet
  - to different lighting situations (not overly attentive to lights)

#### **Goal of Intervention:**

"For Children with CVI, it is important to determine where they are on the continuum of possible impact of CVI, to identify in this way what they are able to look at or are interested in looking at, and to give them as many opportunities to look as possible by integrating motivating activities and materials into their daily lives. **The goal is to facilitate looking**." (Page 114, Roman-Lantzy, Cortical Visual Impairment: An Approach to Assessment and Intervention.

# **Case Study: Cassie**

- 9 years old
- CVI secondary to anoxia from surgery during infancy
- Auditory processing disorder
- Deafblind label
- Developmental delays
- Speech Impaired
- Extremely social
- Uses object calendar

#### **CVI Resolution Chart 101**

- Review Range of Characteristics.
- Number the boxes for next activity

# **Interview**

- See handouts:
  - CVI Interview questions for parents/caregivers (Cassie)
  - Appendix 4.A Answer Guide to CVI Parent Interview Questions
- Write notes on CVI Resolution Chart

#### **Observation**

- Watch Movie
- Make notes on CVI Resolution Chart in a new color

#### **Direct Assessment**

- Watch video of direct assessment.
- Record results on CVI Resolution Chart.

#### **Refine Results**

- Record results on "Essential Forms" (Rating II) on Number Line
- See Appendix 5.A CVI Scoring Guide for help with filling out Rating I.
- Record numbers and find CVI Range

#### Intervention

- Page 132: Tips for providing interventions by phase IN THE BOOK
- Page 138, table 6.1 Sample activities.
- Bulleted list for Cassie (see handout)
- Report as addendum to functional vision assessment

#### **Resources:**

- Roman-Lantzy, C. (2007) Cortical Visual Impairment: An Approach to Assessment and Intervention American Foundation for the Blind Press (<a href="https://www.afb.org/store">www.afb.org/store</a>)
- American Printing House for the Bllind (APH) CVI Website: <a href="http://www.aph.org/cvi/index.html">http://www.aph.org/cvi/index.html</a>

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#### **CVI Resolution Chart**

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Phase II:

Date: Student's Name: Evaluator:

Use the following chart to help develop areas of needs for development of IEP goals and objectives.

	Bulding Visual Behavior Level I Environmental Consideration	Funct Level Consi		vel II Environmental nsiderations			Resolution of CVI Characteristics Level II Environmental Considerations	
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)	
Color Preferences	Objects viewed are generally a single color	Has "favorite" color		Objects may have two to three favored colors	More colors, familiar patterns regarded		No color or pattern preferences	

Phase I:

Phase III:

Phase I:	Phase II:	Phase III:		
Bulding Visual Behavior	Integrating Vision with Function	Resolution of CVI Characteristics		
Level I Environmental Considerations	Level II Environmental Considerations	Level II Environmental Considerations		

CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)	Range 5-6 (.50)	Range 7-8 (.75)	Range 9-10 (1)
Need for movement	Objects viewed generally have movement or reflective properties	More Consistent localization, brief fixations on movement and reflective materials	Movement continues to be an important factor to initiate visual attention	Movement not required for attention at near	Typical responses to moving targets
Visual latency	Prolonged Periods of visual latency	Latency slightly decreases after periods of consistent viewing	Latency present only when student is tired, stressed or overstimulated	Latency rarely present	Latency resolved (continued)

	Phase I: Bulding Visual Behavior Level I Environmental Consideration	Integral Level		Phase II:  ntegrating Vision with  Function  Level II Environmental  Considerations			Phase III: Resolution of CVI Characteristics Level II Environmental Considerations	
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)	
Visual field preferences	Distinct field dependency	Shows visual field preferences		Field preferences decreasing with familiar inputs	May alternate use of right and left fields		Visual fields unrestricted	

Phase I:	Phase	II:	Phase III:		
Bulding Visual Behavior	Integra Functi	ating Vision with on	Resolution of CVI Characteristics		
Level I Environmental Considerations		II Environmental derations	I		l nmental derations
Range 1-2 (0) Rang	e 3-4	Range 5-6	Range	7-8	Range 9-10

CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)	Range 5-6 (.50)	Range 7-8 (.75)	Range 9-10 (1)
Difficulties with visual complexity	Responds only in strictly controlled environments Generally no regard of the human face	Visually fixates when environment is controlled	Student tolerates low levels of familiar background noise Regards familiar faces when voice does not compete	Competing auditory stimuli tolerated during periods of viewing; student may now maintain visual attention on musical toys  Views simple books or symbols	Only the most complex visual environments affect visual response Views books or other two-dimensional materials Typical visual/social responses
TSBVI TETN # 35065	– Part 1, CVI Series –	Kitchen & McAlister,	09/2009	Smiles at re/regards familiar and	18

	Phase I: Bulding Visual Behavior Level I Environmental Consideration	g Visual or nmental		Phase II: Integrating Vision with Function Level II Environmental Considerations			Phase III: Resolution of CVI Characteristics Level II Environmental Considerations	
CVI Characteristics	Range 1-2 (0)	Range (.25)	3-4	Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)	
Light-gazing and nonpurposeful gase	May localize briefly, but no prolonged fixations on objects or faces	Less attracted to lights; can be redirected to other targets		Light is no longer a distracter				
	Overly attentive to lights or perhaps ceiling fans							

	Phase I:  Bulding Visual Behavior  Level I Environmental Considerations		Phase II: Integrating Vision with Function Level II Environmental Considerations			Phase III:  Resolution of CVI Characteristics  Level II Environmental Considerations		
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)	
Difficulty with distance viewing	Visually attends in near space only	Occasional visual attention to familiar, moving, or large targets		Visual attention extends beyond near space, up to 4 to 6 feet	extend near feet wi up to 4 targets		Visual attention extends beyond 20 feet	

at 2 to 3 feet

Demonstrates

memory of visual events

movement

	Phase I: Bulding Visual Behavior Level I Environmental Consideration	Integra Functions  Level I Considerations		Phase II: Integrating Vision with Function Level II Environmental Considerations			III: ution of CVI cteristics II enmental derations
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)
Atypical visual reflexes	No blink in response to touch and/or visual threat	Blinks in response to touch, but response may be latent		Blink response to touch consistently present  Visual threat response intermittently present	Visual to responsive consist present reflexes 90 present resolve	se ently t (both s near sent	Visual reflexes always present; resolved

	Phase I: Bulding Visua Behavior Level I Environmenta Consideration	Integra Function Level I Considers		Phase II: Integrating Vision with Function Level II Environmental Considerations		Chara Level Enviro	ution of CVI cteristics II onmental derations	
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range (.75)	7-8	Range 9-10 (1)	
Difficulty with visual novelty	Only favorite or known objects elicit visual attention	May tolerate novel objects if the novel objects share characteristics of familiar objects		erate Use of "known" objects to initiate looking eristics sequence		on of less ed, two as of up" quired	Selection of objects not restricted	

	Phase I: Bulding Visual Behavior Level I Environmental Considerations	Bulding Visual Behavior Level I		Phase II: Integrating Vision with Function Level II Environmental Considerations			III: ution of CVI cteristics I nmental derations
CVI Characteristics	Range 1-2 (0)	Range 3-4 (.25)		Range 5-6 (.50)	Range 7-8 (.75)		Range 9-10 (1)
Absence of visually guided reach	Look and touch occur as separate functions  Look and touch occur with large and/or moving objects	Look ar touch o with sm objects are fam lighted, reflective Look are touch a separat	ccur aller that iliar, or e d nd	Visually guided reach used with familiar objects or "favorite" color	Look ar touch o rapid sequen not alw togethe	ccur in ce, but ays	Look and touch occur together consistently

# Key:

Draw an X though boxes that represent resolved visual behaviors

Use highlighter to outline boxes describing current visual functioning

Draw an O in boxes describing visual skills that may never resolve because of coexisting ocular conditions

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QuickTime™ and a decompressor are needed to see this picture

# Figure 2 Office of Special Education Logo

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